



Bernards Institute Taekwon-do, Shustoke Village Hall, Coleshill Sports Centre & North Solihull Sports Centre
 Tel 0778 238 7098 www.bernardstkd.co.uk enquiries@bernardstkd.co.uk . Printed 15/02/2015

Bernards Institute of Taekwon-do 12 Week Beginner Course

Start Date 2011	
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PLEASE USE BLOCK LETTERS

First Name	Surname	
Address		
Post Code	Home (T)	Mobile (M)
Date of Birth	Age	Email
Next of Kin		

Do you suffer from any of the following : (Tick if yes)

Heart Disorder <input type="checkbox"/>	Asthma <input type="checkbox"/>	Migraine <input type="checkbox"/>	Nervous disorders <input type="checkbox"/>
Haemophilia <input type="checkbox"/>	Hay Fever <input type="checkbox"/>	Diabetes <input type="checkbox"/>	Epilepsy <input type="checkbox"/>
If other give details :			
State Physical Injuries or Disabilities :			
Other interests (Please tick) Fitness <input type="checkbox"/> Health <input type="checkbox"/> Lose weight <input type="checkbox"/> Self-defence <input type="checkbox"/>			
Aerobic Endurance <input type="checkbox"/>	Flexibility <input type="checkbox"/>	Circuit Training <input type="checkbox"/>	Other <input type="checkbox"/>

The signature below gives consent for the student to actively take part in the self defence Tae kwon-do.

Members Signature (Over 18)	Date
Parents Signature (Under 18)	Date
Instructors signature	Date

Note : This form is for the 12 week Tae kwon-do beginner course. This beginners course is delivered in 4 parts. Each part is 3 weeks long and costs £12 payable in advance or £43 for the complete course. Course fees non-refundable.

Once the 12 week course has been completed, class fees go down to £3 per class, payable per lesson providing student becomes a member within 4 weeks of course completion. Otherwise class fees payable in advance weekly costing £16.

Note Tshirts: £10 Under 14 years. £13: 14yrs-Medium. £ 15: Large and above.
 £3 discount on tshirts when buying complete course.